

SUMMER 2025 MEALS

Athenian Summer Programs

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Kitchen Table</p> <p>Three Cheese Mac and Cheese, Bengard Farms Roasted Broccoli Contains Dairy and Gluten Dairy Free and Gluten Free Available</p> <p>Fresh Fruit and Salad Available at Salad bar</p>	<p>Global Adventure</p> <p>Free Range Chicken and Rice Teriyaki Bowl with Organic Carrots Gluten and Dairy Free Vegetarian Option Available</p> <p>Fresh Fruit and Salad Available at Salad bar</p>	<p>Stone Hearth Oven</p> <p>Pepperoni Pizza, Side Caesar Salad Contains Gluten and Dairy Vegetarian Option Available Dairy Free and Gluten Free Available</p> <p>Fresh Fruit and Salad Available at Salad bar</p>	<p>Kitchen Table</p> <p>Spaghetti Bolognese with Gilroy Garlic Bread Contains Gluten Gluten Free and Dairy Free Available Vegetarian Option Available</p> <p>Fresh Fruit and Salad Available at Salad bar</p>	<p>Market Grill</p> <p>All Beef Hot Dog with Kettle Chips, Carrot and Celery Sticks, with House Made Ranch Contains Gluten, Dairy Free Vegetarian and Gluten Free Available</p> <p>Fresh Fruit and Salad Available at Salad bar</p>
Monday	Tuesday	Wednesday	Thursday	Friday
<p>Platios Latinos</p> <p>Cheese Quesadilla, Ranchero Beans, Spanish Rice, and Roasted Tomato Salsa Contains Dairy and Gluten Dairy Free and Gluten Free Available</p> <p>Fresh Fruit and Salad Available at Salad bar</p>	<p>Kitchen Table</p> <p>Penne Pasta Alfredo with Free Range Grilled Chicken and Bengard Farms Broccoli Contains Gluten and Dairy Vegetarian Available Gluten and Dairy Free Available</p> <p>Fresh Fruit and Salad Available at Salad bar</p>	<p>Stone Hearth Oven</p> <p>Pepperoni Pizza, Side Caesar Salad Contains Gluten and Dairy Vegetarian Option Available Dairy Free and Gluten Free Available</p> <p>Fresh Fruit and Salad Available at Salad bar</p>	<p>Global Adventure</p> <p>Beef and Broccoli Rice Bowl Dairy and Gluten Free Vegetarian Available</p> <p>Fresh Fruit and Salad Available at Salad bar</p>	<p>Market Grill</p> <p>Grass Fed Beef Sliders, Tater Tots, Carrot and Celery Sticks with House Made Ranch Contains Gluten, Dairy Free Vegetarian and Gluten Free Available</p> <p>Fresh Fruit and Salad Available at Salad bar</p>

Lunch at Athenian Summer Programs

We work with the Epicurean Group to provide healthy, fresh foods for all of our students throughout the year and in the summer (cost for lunch and snack included in camp fees). Our talented kitchen staff are very adept at accommodating children's dietary needs, including vegan, gluten-free, dairy free—so please be sure to inform the Athenian Summer Team about your child's food restrictions. Please also note that during the summer Athenian is a nut-free campus.